



Volunteer Position Description
Momma Mentor

Supervisor: Momma Mentor Manager

Position Summary:

The Volunteer Momma Mentor empowers first-time mothers and mothers of other children by providing a non-judgmental space to process and learn about motherhood basics and characteristics. The Volunteer Momma Mentor will enter a long-term one-on-one relationship with the client and will help educate, enable, and encourage him to become an involved and effective mother.

Time Commitment:

- Upon completion of training, at least two years of serving two to four shifts per month (each shift is two hours long).
- Midmorning to midafternoon sessions with mentees.
- Attend two (2) Alternatives Continuing Education Events per year.
- Inform the Momma Mentor Manager as soon as possible if unable to make assigned mentee session.
- Attend quarterly Momma Mentor “get-togethers.”

Location Availability: Determined by which location the mentee is receiving services.

Application Requirements

- Attend a Volunteer Orientation.
- Attend a Foundations Course.
- Apply by the given deadline.
- Provide a reference. (Form provided by the Volunteer Development Manager).
- Be formally interviewed by Supervisor and Department Head or Volunteer Development Manager.

Training Requirements

- Google Classroom Prep Work: 3 hours
- The Alternatives Approach Training: 15 hours
- On the Job Training: 6-8 hours
- **Total Hours of Training: 24-26 Hours**

Refreshment of Skills

- Reviewing Alternatives’ approved motherhood resources, literature, practicing occasional role-plays
- Attend two (2) of the three (3) Continuing Education Events scheduled by the Volunteer Development Manager.
- Participate in an annual skills observation and evaluation.
- On-going supervision with the Momma Mentor Coordinator.

Essential Duties & Responsibilities:

- Follow Alternatives’ Policies and Procedures.
- Meet twice a month with clients who are first-time mothers or mothers-to-be during midmorning to midafternoon.
- Partner with other Momma Mentors, Client Advocates and Client Services Staff to serve the client/family unit.
- Maintain accurate client records.
- Maintain confidentiality in all client situations and circumstances.
- Review assigned client files at each session and follow through on appropriate case management tasks.

- Debrief with the Momma Mentor Program Manager regarding client sessions and follow-up case work.
- Demonstrate knowledge and proficiency in sharing and leading clients through Alternatives' approved motherhood resources.
- Commit to attending Alternatives' Continuing Education Events to remain equipped to meet with clients.
- Dress casually and modestly.

Qualifications

- A mother.
- A growing follower of Jesus Christ.
- A willingness to learn and an attitude of service and acceptance.
- Respect for the client and her family.
- The ability to listen first, speak second and empathize with others.
- Dependability to follow through on commitments.
- Maintain flexibility and manage personal expectations within the varied elements of crisis work and coaching.

General Requirements

- Acknowledgement and agreement of Alternatives' Statement of Faith, Principles, and Mission Statement.
- Complete the volunteer application and three reference forms.
- A completed background check performed by Alternatives.
- Complete the required volunteer training, The Alternatives Approach.
- Commitment to enlisting at least one (1) individual to support you in prayer.

Attitude

Enjoys working with a team. Has personal, relational, and spiritual maturity. Possesses good personal boundaries. Committed to her own personal and Christian spiritual growth. Is flexible and able to adapt, a team player. Demonstrates and possesses ethics, integrity, and accountability. Committed to quality customer service. Professional and pleasant demeanor; sense of humor. Honest, loyal, and dependable.

Benefits

- Learning and applying better communication skills with people in your life.
- Spiritual growth.
- Using your gifts to benefit others.
- Being part of a team that ministers to women and their families and affects the culture for Jesus Christ.
- Professional and personal skills development.

Alternatives Pregnancy Center's Mission Statement:

Alternatives Pregnancy Center exists to care for Denver-area women and men in pregnancy-related crisis and offer them a meaningful alternative to abortion. Following the example of Christian love, we seek to meet their emotional, physical, and spiritual needs. And we enable and encourage them to choose life every day. We provide a 24-Hour Helpline, pregnancy tests and options counseling, limited ultrasound services, abortion pill reversal referrals, STD testing and treatment, adoption education, pre- and post-natal medical care referrals, financial and legal referrals, counseling after abortion, and sexual risk avoidance education. All services are provided free of charge.