

# WAYS TO TAKE ACTION



1

Follow and engage with us on Facebook, Instagram, Twitter and YouTube.

2

Invite our Campus & Community Outreach Manager to your college or career group for an interactive discussion on trending life-issues.

3

Host a 'Tips for Teens & Parents' night for teens to learn about making healthy sexual decisions and for parents to be equipped to have real conversations about sex.

4

Gather friends who don't know about us and host a socially distant or virtual event where we'll share about our services and discuss current issues related to life.

5

Start a virtual Baby Bottle Bank drive at your school, church or in your neighborhood. We'll set it up for you!

6

Invite our Men's Program Director to your men's group or business to discuss the pivotal role men have in a pregnancy decision.

7

Invite our Counseling After Abortion Director to your local recovery programs to share about our resources of healing and support.

8

Host a virtual or drive-by Mom and Baby Gift drive to provide tangible resources after a baby is born. Collect diapers, new baby clothes and gift cards.

9

Request an in-person or virtual volunteer orientation and give the gift of your time. Orientations are available in English and Spanish.

10

Financially assist our life-affirming work by joining our monthly Lifeline supporters who help us serve clients all year long.

## More Information

For more information, contact our Director of Communications & Community Development at **303.298.8815** or [Lori@YouHaveAlternatives.org](mailto:Lori@YouHaveAlternatives.org).

